

# The NORTH COAST COURIER



The above is a picture of the farm on which I grew up near Findlay, Ohio. Our farm was located one mile from Ruth's farm and I got to know her when I was in her brother, Ardyn's, 4-H Club. Ruth and her sister, Mary, fixed desserts for us at the meetings and I have been smitten by Ruth ever since. I had cows and pigs for my projects and Ruth's projects were raising rabbits and all types of baking... Ruth has retained her baking skills but my animal husbandry is limited to one dog Harold now.

Although this Ohio winter has been fine (What has everyone been complaining about all these years?), Ruth and I are heading to Pensacola, The Villages and Bonita Springs for three weeks. See ya!

I mentioned earlier that Ruth and I volunteer at UH-Portage Medical Center... Ruth in the ER and I'm a transporter. One of the women I work with, Phyllis, has volunteered over fourteen thousand hours! I say, "Big Deal," as I have already accumulated nearly thirty hours! Volunteer efforts are amazing as UH-Portage has over 500 volunteers donating about 60,000 hours of time each year! (Nearly thirty years of full time effort!)

More good books: The Rosie Project (Simsion); Above the Line (Myer); Hamilton (Chernow); The Whistler (Grisham); and two academic books about Bipolar Disorder and Suicide... An Unquiet Mind, and, Night Falls Fast (Jamison). Definitive books on these topics.

Keep reading, keep getting better! We love you...more from FL later.

A psychiatrist at the medical school once said she thought that I tended to read too much into things other folks say. I think she was hitting on me! Just saying....