



A PUBLICATION OF THE SALTZMAN ASSOCIATES PRESS, ORANGE BEACH, ALABAMA

# The Orange Spiel

January 2011

Volume 2011 Issue 2

## Movies we have seen since arriving In AL:

1. Black Swan (4\*)
2. In America (3)
3. Billy Elliot (4)
4. The Education (4)
5. The Fighter (5)
6. Bottle Shock (3)
7. It's Complicated (3)
8. Solitary Man (2)
9. The Big Lebowski (?)
10. The King's Speech (5)
11. The Kids Are All Right (3)
12. Hubble— IMAX (5)

\* Number denotes our rating, with five being the highest.

## Ruth's Pet Peeves:

- Conan O'Brien
- Gas Prices
- Controlling People
- The Alabama Governor
- Kelly Foster (local meteorologist)

Issue 3 will be about our trip to AZ to celebrate Ruth's birthday and to see our grandson, Dan, cousins Jo, Lissa, Don, and our AZ friends.

## Living in Alabama..Someone has to do it! It sure is different than Ohio!

Folks keep asking us what it is like living in Alabama...at least for the winter.

We like it here, but we get a distorted view as most of the folks we meet are Snowbirds from Michigan, Illinois, Indiana, Missouri and other northern states. The locals we meet are usually the workers involved in the service industry. They treat us as guests and ask questions about living in the north.

Some obvious differences include the food, accents and temperature (sorry

about that!)

PoBoy sandwiches are on every menu and nearly every menu includes red beans and rice...and grits...and hush puppies.

Locals tell us that WE (northerners) have an accent but the thickest southern accents nearly require a translator for me.

The newspapers have football headlines on the front page. The Sound Off columns are full of hate speech about the Tigers and Tide.

Religious differ-

ences keep coming up in articles in the newspaper and Alabama's new governor even mentioned on Inauguration Day that unless you embraced his Baptist beliefs, you could not be his brother or sister (Quickly apologizing, not for the concept, but if anyone had their feelings hurt! He said that that was Baptist-speak.)

All in all though, we love it here. When it comes right down to it...the folks here are just like us (not perfect) and accept our strange accents.

## Ruth's Health Hints...A New Feature of The Orange Spiel!

Ruth just finished a CEU Course for her nursing license and wants her readers to know that according to a U of Colorado study, "Those sen-

iors who owned dogs were able to walk longer distances, had lower triglycerides, lower blood pressures and talked more about

things in the present rather than in the past. **Ruth's Health Hint:** Everyone who does not own a dog should get one before it is too late!